

# Player Responsibilities & Code of Conduct

Recognizing that being a member of the LC Wildcats is a privilege...

1. **Commitment:**

I will make a FULL commitment to the athletic program of the LC Wildcats for the team and season that I am signed up for. I will make every effort in advance to be excused from any other activities or work that may conflict with team practices, games, or any other team functions. I will show up for practices and games on time, with proper equipment and ready to play.

2. **Absentee:**

I will abide by the 'Absentee Protocol' that the Head Coach has set up for the team - because the LC Wildcats understand that valid conflicts / issues do arise from time to time.

3. **Effort:** Colossians 3:23 / Ecclesiastes 9:10

I will do my best and give 100% effort at ALL times. I will practice hard and diligently, showing the coaches in practice the level of effort they can expect from me in a game.

4. **Conduct / Behavior / Attitude / Sportsmanship:** Ephesians 4:29 / Phil. 2:14

I will demonstrate and show good sportsmanship before, during, and after practices and games.

I will be modest in victory and gracious in defeat.

I will show respect to all officials and respect their calls / decisions, even if I disagree.

I will exercise self-control at all times.

I will be courteous and encourage my teammates.

I will not criticize, complain or be demeaning in any way, to anyone, at any time.

I will respect my coaches and accept their decisions with dignity.

If I have questions or concerns about the team, I will ask my coaches in a respectful manner.

If I differ in opinion from my coaches, I will not voice my disagreement with my fellow teammates on the bench or in the locker room.

I will be courteous to opposing teams and I will not taunt or tease any opposing player or coach.

I will refrain from any derogatory or demeaning gestures or talk towards anyone.

I will refrain from any profanity, even in the "heat of competition."

I will refrain from throwing equipment in disgust, frustration, or for any other reason.

I will refrain from using any physical force outside of the rules of the game.

I will not participate in fighting, hazing, bullying, or taunting.

I will not use any derogatory racial talk or actions towards anyone at any time.

I will have a willing attitude to help the team wherever needed in order to bring "team success".

5. **Dress & Diet:**

When at LC Wildcats events, I will dress (when not in uniform) in a manner that shows respect to God and to the LC Wildcats organization. I will not dress in a way that could be considered offensive, provocative or suggestive at any LCW events. I will also eat properly before, in between, and after practices and games to give myself optimal health and energy.

6. **Social Media:**

I will not post any comment on social media that can be construed as negative or critical regarding ANY matter related to LC Wildcats. In the Wildcats team spirit, my social media posts will be positive and encouraging to my teammates, coaches, and the LCW organization.

7. **Bench / Team Area:**

Bench areas are for the teams that are playing. If my team is not in that game, I will not enter the bench area without permission. If my team is playing the game, I will remain in the bench area during the whole game (unless the coach gives an exception - e.g. bathroom). While the game is in progress, I will not ‘goof off’ or ‘horse play’ but focus on the court / field play and keep a competitive mindset.

8. **Facility / Field Responsibilities:**

I will respect the privilege of using playing fields / facilities by cleaning up benches, stands, locker-rooms, and courts / fields after a practice or game. I understand that I am expected to assist coaches and other players in packing away gear after a practice or game.

9. **“Off-the-Court” Conduct & Behavior:**

It is impossible for the LC Wildcats leadership to be able to think of all the scenarios that could possibly happen “off-the-court” that would be deemed as detrimental to the team / program / organization. Therefore, I understand that it is at the LCW Leadership discretion to evaluate each incident on its own merit, regardless of time-frame. At a minimum, I will refrain from the use of alcohol, tobacco, electronic cigarettes or any type of vaping device, any prescription drugs without a prescription or illegal drugs.

10. **Technicals / Warnings / Red-Yellow Cards:**

I understand that if I am assessed a Technical Foul / Warning / Yellow Card that I may be required to sit on the “bench” for the remainder of the game – per Head Coach’s Protocol. If I am ejected from the game (e.g. Red Card), I understand that I may be required to sit on the “bench” during the next scheduled game of that season also – per Head Coach’s Protocol.

11. **Conflict Resolution:** Matthew 18:15-16

If I have any concerns or conflicts with anyone on the team (player or coach), I will first go to that person directly - in private - and try to resolve the issue. If the issue is not resolved, and if it’s with another player, I will ask the coach to help mediate through this specific issue. If the issue is with a coach and is not resolved after privately going to him / her, I will ask for a LCW board member to intervene and help mediate. I will NOT go outside of this ‘Conflict Resolution Structure’ and start gossiping or slandering another player, coach or the LCW Organization. I will seek to resolve any conflict Biblically, with a spirit of love, humility and gentleness - with the goal to bring restoration to all.

12. **Violations:**

I understand that if I violate any of the above Codes & Responsibilities, the Head Coach has full discretion as to the level / degree of discipline needed for any and all violations. This can include immediate removal from a game, suspension from future games, and removal from the team. Any grievance of disciplinary action to a player can be taken to the LCW Board for review.

I have fully read the Low Country Wildcats Player Responsibilities & Code of Conduct listed above.  
I agree to conduct myself accordingly...

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Player Name (Print)

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent (Guardian) Name (Print)

\_\_\_\_\_  
Parent (Guardian) Signature

\_\_\_\_\_  
Date